Weekly Checklist for: Week of:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| SUBJECT | MON | TUES | WED | THURS | FRI |
| **Math** |  |  |  |  |  |
| **Language Arts** |  |  |  |  |  |
| **Science** |  |  |  |  |  |
| **History** |  |  |  |  |  |
| **Elective** |  |  |   |  |  |
| **Elective** |  |  |  |  |  |
| **Elective** |  |  |  |  |  |
| **Elective** |  |  |  |  |  |

**NOTES:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **HABITS** | **M** | **T** | **W** | **TH** | **F** |
| Brush teeth- AM |  |  |  |  |  |
| Brush teeth- Lunch |  |  |  |  |  |
| Read Bible |  |  |  |  |  |
| Cardio Exercise |  |  |  |  |  |
| Weight Training |  |  |  |  |  |
| Chores |  |  |  |  |  |